

BE A SUPERHERO FOR KIDS!

Date: October 30, 2011

Time: Registration 9:00-10:30; 10 am 1-mile fun run/walk; 11 am 5K.

Course: Flat course with beautiful fall leaves at Meadow Breeze Park, 31-51 Kayharts Lane, Washington, NJ 07882 (Warren County)

Fee: Pre-entry registration is \$15 if postmarked by October 14th, \$20 after. Registration includes t-shirt and racing bibs.

All proceeds from this event will go to support the respective missions of Family Promise of Warren County and the Court Appointed Special Advocates of Somerset, Hunterdon, and Warren Counties (CASA SHaW), both of which support the needs of at-risk children and their families.

Name: _____ Age _____ DOB _____ Male _____ Female _____

Address: _____ City _____ State _____ Zip _____

Phone: _____ Email _____ Shirt Size: YL S M L XL

Additional donation included for: CASA SHaW or Family Promise

In consideration for the acceptance of my entry, I, for myself, my executors, administrators, and assignees, do hereby release and discharge CASA SHaW and Family Promise, their employees, officials, volunteers, and all other sponsors for all claims arising or growing out of my participation in the Be a Superhero for Kids 1-mile walk/fun run or the 5K race. I attest and verify that I have full knowledge of the risks involved in this event and that I am physically fit and sufficiently trained to safely participate in the event. If I choose to wear a costume to this event, I understand that I must take all safety precautions to prevent injuries, i.e use of masks, capes, etc. I have read and fully understand the content and meaning of this statement.

Signature _____ -Adult entrants and Parents or Guardians

Be Race Ready! No changing areas!

Questions: Email event co-chairs Bob Frankenfield (bobf@wcihn.org) or Tracey Heisler (tracey@casashaw.org) for more information. You may also phone them at 908/453-2194 or 908/689-5515.

Mail your registration to Tracey Heisler, CASA SHaW, 150 Boulevard, Ste. 4B, Washington, NJ 07882

Awards for overall male and overall female winners with three awards in each category:

14 & under; 15-19; 20-24; 25-29; 30-34; 35-39
40-44; 45-49; 50-59; 60-69; 70+